



SOPHIA KNOBLOCK

CONTACT

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🌐 sknoblockartanddesign.com

EDUCATION

Louisiana State University

- Interior Design Major, CIDA Accredited Program
- Expected graduation year: May 2026
- President's/Dean's List

Vandebilt Catholic High School

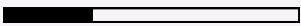
- National Honor Society
- Class of 2022

SKILLS

MICROSOFT OFFICE



AUTOCAD



REVIT



PHOTOSHOP



STRENGTHS

I am detail-oriented, responsible, disciplined, and hardworking. I am good at time management and adhere to deadlines. I work well with a team as well as independently. I am very organized and follow directions efficiently.

EXPERIENCE

Jan. 2025 - Current

Thibodaux | LA

Interior Design Student Intern *Gros Flores Positerry Architecture & Interior Design*

- Worked closely with architects and designers on commercial projects, helping with redlines, finish schedules, and specs.
- Assisted in reviewing and organizing project documentation to ensure accuracy and clarity.
- Participated in weekly office-wide video calls and collaborated across teams in Baton Rouge and Thibodaux.
- Helped with office tasks and jumped in wherever needed to meet deadlines, especially on high-priority projects.

August 2023 - Dec. 2024

Baton Rouge | LA

Office Runner *Grace Hebert Curtis Architects*

- Was responsible for brewing coffee for the employees and keeping snacks and drinks stocked at all times.
- Kept up with the overall cleanliness of the common spaces in the office.
- Filed and organizing paperwork, while keeping up with office inventory.
- Ran everyday errands for the office such as lunch pickups, filling gas for the work truck, post office, etc.
- Took care of submittals and transmittals for the architects.
- Provided a helping hand whenever it was needed.

May 2019 - June 2022

Houma | LA

Lifeguard *Ellendale Country Club*

- Ensured the safety of guests in the pool area by enforcing pool rules and regulations.
- Responded to any emergency or first aid situations in a calm, yet assertive manner.
- Maintained cleanliness inside and outside the pool house.
- Assisted in organizing pool parties and events at the clubhouse.
- Was responsible for sending in food requests to the kitchen and bringing orders out to the guests quickly and efficiently.

June 2020 - Current

Houma, New Orleans, Baton Rouge | LA

Part-time Nanny and Babysitter

- Maintain a safe and clean environment inside the home for the children.
- Assist in preparing snacks and meals for the children.
- Laundry, light housekeeping, and organization.
- Communicate with parents about children's behavior and activities throughout the day.
- Responsible for bringing the children to and from school and extracurricular activities.
- Engage children in fun activities such as crafts, games, and outdoor play.
- Help children with homework or studying for tests.

August 2019 - May 2020

Houma | LA

Tutor

- Worked one-on-one with students to help them better understand academic concepts.
- Helped students develop good study habits that worked best for them.
- Monitored student's progress and adjusted study plans.
- Communicated with the student's parents regarding progress.
- Created a positive and engaging space for the student to learn and succeed.

INVOLVEMENT

ISDO- Interior Design Student Organization (current)

IIDA- Student Membership for the Delta Regional chapter (current)

Hope "Buddy" - Special Education Program at Vandebilt High School (2 years)

Art Director - Student Government Association (2 years)